

# summer style tips

With warmer weather just beginning to tantalise us **Kate Evans** takes a peek at the key trends you'll be wearing this spring and summer...

## CORAL IS THE NEW RED...

Warm tones of coral bring out the best in all warm skin tones and are everywhere this season. From dark red coral used in jewellery to light salmon pink... any shade goes.

Coral-coloured dresses, tops, tunics, skinny and baggy trousers and dazzling jewellery and accessories will light up your wardrobe this season and give your skin a healthy glow.

**Kate's Tip:** Coral will only work if you have a warm skin tone - avoid it if you have a cool, pinky skin tone.

## CASUAL IS BACK...

This is more of a style than a trend... loose fits are no longer just for lazy Sunday afternoons! If you want to cultivate a laidback, faux unkempt look, it's all about easy-to-wear items in baggy, flowing cuts. Boyfriend jeans are clear winners this season, as are little tops and jersey dresses. You'll also find feminine draped wraps, casual shoe boots and lots of light fabrics.

**Kate's Tip:** Careful you don't end up looking shapeless as your body is drowned under layers of 'casual' fabrics.

## ETHNIC CHIC...

The ethnic movement is a big hit this year, so get ready to adorn yourself with gorgeous embroidery and beads from the heart of tribal and Oriental influences. If you love hippy prints, South American colours, Indian embroidery or Far Eastern themes, you'll have fun this season. Watch out for long dresses, tunics, leather and raffia accessories, embroidery and beads.

**Kate's tip:** When choosing an item which has an ethnic print think about your scale... large prints look more in proportion on larger people and small prints work better on petite bodies.

## HELLO SAILOR...

There is a big return of nautical fashion, bringing the look up to date with the traditional navy and chic black and white being mixed up with bright colours this season. Red, green and yellow stripes, toned down with white or cream (depending on your colouring), can be worn with skinny or baggy fits. Look out for sailor shirts, tees, mini dresses, striped trousers and blue and white



marine jackets, as well as bows and rope details on accessories.

**Kate's tip:** Team nautical items in cotton and jersey with smart pieces to balance out the 'sporty' side of sailor style.

## BEAUTY TRENDS

### FRESH COMPLEXIONS...

Fresh-looking complexions were all over the runways at the recent catwalk shows: transparent, born-again skin with a light finish to add to the fresh, just-in-from-the-cold look. The face is loaded with light, the skin glows and the cheeks are pink.

**Kate's tip:** Try using an illuminating base before you apply your foundation or tinted moisturizer which will give your skin an iridescent quality.

### SHINY LIPS...

This season's lips are enhanced with a hint of shiny pink gloss or lipstick. Discreet, fresh and feminine, pink is ideal for setting off a nude

complexion or highlighting inky blue eyes.

**Kate's tip:** If applying gloss on top of lipstick apply in the middle of the lip, top and bottom to make the lips appear plumper.

### BRIGHT PINK NAILS...

This spring and summer, think raspberries and strawberries... not just to eat, but to paint your nails with! Warm, summery varnishes are the way forward, so out with pale pink and in with the bright stuff.

**Kate's tip:** Avoid if you have long nails... otherwise you could be mistaken for Pat Butcher!

Kate Evans is trained in Colour Analysis, Style and Image, Personal Shopping, Wardrobe Auditing and Make-up Application. For more information on transforming your appearance contact, tel: 07909 960021; [www.kate-evans.co.uk](http://www.kate-evans.co.uk); [info@kate-evans.co.uk](mailto:info@kate-evans.co.uk)