



Maternity lingerie can still be pretty and sexy. Prima Donna has a beautiful range of stylish maternity collections.

feel pretty and sexy

Image Consultant and Make-up Artist
Kate Evans answers your monthly
fashion questions...

Dear Kate,

I am about to start browsing the shops for my spring coat, but I don't want to spend wads of cash and then find I can't wear it in autumn as it's "soooo last season"; what style of coat is a fail safe option?

Helen, Cirencester

The Trench Coat is a permatrend; a wardrobe staple that has been knocking around for so long that you simply have to have one. All the major brands on the high street as well as top end designers have their own version so you will be spoilt for choice; however, I particularly like the one from Oli, a double breasted Trench Coat, £50. If you have a fuller bust and therefore don't feel so comfortable in a double breasted style, Espirit have a single breasted range.

Dear Kate,

I have recently felt the need to join in with the fashion of wearing a belt... but it looks a bit strange as I don't really have a defined waist - does this mean I can't wear belts?

Trisha, Morton in the Marsh

No, not at all - you just need to know where to put it! If you don't have a defined waist you can sometimes feel a bit shapeless and 'boy-like'.

Therefore I would advise you to wear your belt slung low onto your hips as this will give you more shape. If you do have a defined waist- wear it on your natural waist

line. Think about your proportions when choosing the belt - if you are petite, you will look odd if you are wearing a very wide, chunky belt. The same goes for if you are grand in scale, a very thin belt will get lost on you.

Dear Kate, I am due to give birth in May and I need to buy some maternity bras, but everything I've seen so far is really ugly. Is there any pretty or, dare I say it, slightly sexy underwear for mums-to-be?

Jen, Stroud

This is the perfect time for you to feel pretty and sexy. There's a great lingerie label from New Zealand in Blooming Marvellous stores (or on www.bloomingmarvellous.com) called Hot Milk Lingerie. Prices start from £13.99 for knickers, with bras, briefs and French knickers in gorgeous sets, such as the Cherry Bomb Chic, which has a vibrant red-flower print edged in lace, or the Silver Sass Kitten, set in a silver-damask print with silver trim.

They can be worn from pregnancy to breastfeeding (they have nursing clasps) and go from a 32C to a 38F. ☺

If you want to ask Kate a question, please send your questions to: The Editor, 33 Messenger House, St Michael's Square, Gloucester, GL1 1HX or email editor@stylemagazines.co.uk



WITH KATE EVANS

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